

PUBLIC PROGRAMS

- Scheduled Recreational Swims
- Adult Lap Swims
- Senior Citizen Programs
- Swimming Lessons (Tots, Preschool, Youth, Adult)
- Water Exercise Programs
- American Red Cross Safety Courses
- Specialized Water Sports Training
- Competitive Team Programs

UPCOMING EVENTS

- Apr 16 Washington Special Olympics Swimming Regionals
- Apr 17 April Pools Day Activity & 21st Anniversary
- Apr 17 Navy Seals Fitness Challenge
- Apr 23 King Spring Fling
- Apr 30-May 1 Dick LaFave Long Course Kickoff Swim Meet
- May 14-15 May Flowers Swimming Invitational
- May 7 Regional Remote Control Vehicles Student Champs
- May 20-22 Pacific Coast Swimming Invitational
- May 28-30 WA State Girls High School WP Championships
- Jun 4 WA State Special Olympics Swimming Champs
- Jun 11-12 Pacific NW Masters Swimming Meet



Weyerhaeuser King County Aquatic Center

650 SW Campus Drive, Federal Way, Washington 98023-8425
Seattle (206) 296-4444 Tacoma (253) 927-5173
Visit our website at www.kingcounty.gov/recreation/parks

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King County

Spring Schedule

April 18 - June 19, 2011
Seattle (206) 296-4444
Tacoma (253) 927-5173

Recreation Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am -9:00	Maintenance	Adult/Senior Swim	Maintenance	Adult/Senior Swim	Maintenance	Special Events and Activities	Special Events and Activities
9:00- 10:00	Low Impact Exercise	Maintenance	Low Impact Exercise	Maintenance	Low Impact Exercise		
10:00- 11:30	Lessons	Lessons	Lessons	Lessons	Maintenance	11:30-1:30 Public Swim	11:30-1:30 Public Swim
11:30- 12:30	Family Swim **	Family Swim **	Family Swim **	Family Swim **	Family Swim **		
12:30- 1:30	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	1:30-Rentals	1:30-Rentals
4:30- 7:30	Lessons	Lessons	Lessons	Lessons	4:00-7:00 Rentals		
7:30- 8:30	Public Swim *	Public Swim *	Public Swim *	Public Swim *	Public Swim *		

* Children younger than 6 years old must each be supervised in the water by an adult within arm’s reach at all times

** During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

SWIMMING LESSONS

Morning Sessions (1/2hr, 10:00-11:30am, MW’s or TTh’s)

Evening Session (1/2 hr, 4:30-7:30pm (MW’s, TTh’s)

Monday & Wednesdays

Apr 11 - May 11 (10 lessons)

*May 16 - June 15 (9 lessons)

*no class Memorial Day Monday, May 30th

Tuesday & Thursday

*Apr 12 - May 12 (9 lessons)

May 17 - June 16 (10 lessons)

* no class on Thursday May 12th

CANCELED SWIMS

Apr 16 Washington Special Olympics Regional, Apr 17 April Pool’s Day Activity, Jun 4 Washington State Special Olympics State

TELEPHONE RELAY SERVICE: 711



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2011 POOL FEES

Competition Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30am-8:00	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*
11:30-1:30	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*
4:00- 6:30	Team Training	Team Training	Team Training	Team Training	Team Training
6:30-8:00	Team Training	Team Training	Team Training	Team Training	Team Training
8:00-10:00	Team Training	Team Training	Team Training	Team Training	Team Training

* To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The competition pool is currently set at 25 yards and ranges in depth from 9 to 10.5 feet. It is intended for lap swimming only. The staring blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 25 yard swim test to be allowed to swim in the competition pool.

Canceled Swims:

Apr 16 11:30-1:30
Apr 17 11:30-1:30

Apr 23 11:30-1:30
Apr 30-May 1 11:30-1:30
May 7 11:30-1:30
May 14-15 11:30-1:30
May 20-22 11:30-1:30
May 28-30 11:30-1:30
June 4 11:30-1:30
June 11-12 11:30-1:30
June 17-19 11:30-1:30
June 26-July 2 all day

Events:

Washington State Special Olympics Regionals
April Pools Day Community Activity Swim & 21st Anniversary Celebration
King Spring Fling
Dick LaFave Long Course Kickoff Swim Meet
Regional Remote Control Vehicles Student Champs
May Flowers Swim Meet
Pac Coast Swimming Invitational
WA State Girls High School WP Champs
WA State Special Olympics Swimming Championships
Pacific NW Masters Swim Meet
Summer Spectacular
US Synchronized Swimming Age Group Nationals



King County

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

GENERAL ADMISSION (Tax Included)

Recreation Pool:

Rec Pool Family Swim**
All participants \$3.25
Public Swim**
Children, Adults & Sr Citizens \$3.25
People w/Disabilities \$3.25
Rec Pool Adult & Senior Lap Swim
Adult \$5.00
Sr Citizen (62+) & Disabled \$3.75
Shower \$3.25

Competition Pool:

Comp Pool Lap Swim \$5.00
Sr Citizen (62+) \$ People w/Disabilities \$3.75

Low Impact Water Exercise (Rec Pool)

Adult \$6.25 - 10-visit Card \$56.25
Sr Citizen (62+) \$4.75 - 10-visit Card \$42.75

* Each child younger than 6 yrs old must each be accompanied in the water by an adult
** All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

RENTALS

Great for birthday parties, private groups and business meetings. Scheduled during non-program hours.
Rec Pool, 1-25 people \$115.00/hour
Rec Pool, 26-60 people \$145.00/hour
Party Room Rental \$37.00/hour
Lobby Rental \$89.00/hour
+ staffing & deposits

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$107.50+tax	\$312.00+tax
Adult	\$156.75+tax	\$456.00+tax
Family	\$275.00+tax	\$650.00+tax
Senior Citizen(62+)	\$107.50+tax	\$273.00+tax
Disabled	\$100.00+tax	\$260.00+tax

GIFT CERTIFICATES

Give the gift of health! Good for any programs.

TELEPHONE RELAY SERVICE: 711

